



16 July 2010

Dear R&J

R&J WORKSHOP – R&J ONLY

ABS Ltd will host an R&J Workshop on 01 August 2010 which you are cordially invited to. The workshop is a follow on from the R&J Commission meeting held on 21 February 2010. A full list of the day's events can be seen on the agenda which is attached.

The venue for both days will be the Windlestrae Hotel, The Muirs, Kinross, Perthshire, Scotland, KY13 8AS www.windlestraehotel.com 10.15 am – 3pm. Attendance is highly recommended for all ABS R&J. ABS Ltd asks that all R&J/Clubs confirm attendance with Andy Caulfield so arrangements can be made for R&J folder packs.

We look forward to seeing you on the day and hope you find it beneficial.

Yours Sincerely

A handwritten signature in black ink, appearing to read 'Fraser Walker', written in a cursive style.

Fraser Walker
Chief Operating Officer
Amateur Boxing Scotland Ltd



R&J Workshop
01 August 2010
Windlestrae Hotel Kinross

AGENDA

- | | |
|---------|---|
| 10:15am | Tea and Coffee on Arrival |
| 10:45am | Andy Caulfield – The plan and way forward |
| 11:00am | AIBA Mr Pat McCrory MBE – Guest Speaker |
| 11:30am | Refresher training – to include DVD contests (scoring and feedback)
splitting into groups for feedback |
| 12:30pm | Code of Conduct (implement and sign) |
| 1:00pm | Lunch |
| 1.45pm | Three Key Points from DVDs discussion |
| 2.00pm | Refresher Exam – All |
| 2.45pm | Conclusion Pat McCrory MBE and Andy Caulfield |
| 15:00 | Finish |